**What are my skills?**

**Skill: Being creative**

You are doing a show/play/event for the end of term and the youth leader/teacher asks for ideas of what kind of show you can do. Are you bursting with ideas? Is your hand up straight away?

Your school or youth group is re-branding and changing the website. The teacher hands out a sheet asking for suggestions for new interactive features. Have you filled it in and handed it back filled with designs and creative ideas by the end of the day?

**Is this me?**

**How do I know?**

**Skill: Performing to an audience**

There’s to be an end of term concert and your teacher asks for volunteers to perform a sketch or play a piece of music. Does the idea fill you with dread or with excitement?

You have been asked to do a talk to the new students and parents coming to your school or college to share your experience there. Do you enjoy standing up in front of a hall packed with people?

**Is this me?**

**How do I know?**

**Skill: Being organised**

Your friends are going for a birthday night out and you need to buy a joint present – who collects the money and organises the whole thing? Is that you?

Your group or year is organising an activity at a local fair to raise money. Who books the space and counts the money? Do you volunteer?

**Is this me?**

**How do I know?**

**Skill: Meeting new people**

A local charity shop, specializing in books, records and DVDs, needs people to help customers find what they’re looking for. Would you enjoy asking people what they like reading and listening to and seeing if you can help them to buy something?

It’s an open day and volunteers are needed to show around visitors. Is your hand up first?

**Is this me?**

**How do I know?**

**Skill: Helping people**

Volunteers are needed to be ‘buddies’ (to help with reading etc) with younger pupils. Is this something you would do?

When you have helped a parent or a teacher or a sports leader with a task – taking the register to reception, collecting the balls, cooking the dinner – does it make you feel good to have helped?

**Is this me?**

**How do I know?**

**Skill: Performing in high-pressure situations**

Your group has been working on a presentation to visitors to the school but the student who was to present your group’s ideas falls ill. You know all the information so will you step up to give the presentation?

Your school is putting on a musical. Your job is to cue up the backing tracks and play them at the right time. Once the show has started, there’s a problem with the laptop that you use to cue up the tracks. Do you panic? Or do you stay calm and find a solution.

**Is this me?**

**How do I know?**

**Skill: Working on my own**

You have been given a project to prepare a PowerPoint presentation on cyber-bullying. This is a project you need to do on your own. Do you know where to start looking for resources? Are you confident about doing the planning on your own?

If you are making something - whether that be a video, a game, a costume or a birthday card – do you enjoy spending several hours focusing on it without talking to anyone or asking for help?

**Is this me?**

**How do I know?**